

Unit Assessment Report - Four Column
 College of Micronesia - FSM
 D - program - Peer Counseling

Mission Statement: We hope to encourage youth to make healthy, safe, and positive choices that will protect them and their communities in the Federated States of Micronesia. They will lead their peers and the broader community by encouraging a healthy, safe, happy future and optimum wellness for all.

Administrative Unit Outcomes	Assessment Strategies & Target / Tasks	Results	Improvement & Follow-Up
<p>D - program - Peer Counseling - 2012-2013 PCC Outcome 1 - Students demonstrate increased awareness of the family planning and contraceptive methods; hence, reduce the pregnancy rate among participants to PCC facilitated workshops.</p>	<p>Assessment Strategy: Invite college nurse to display and discuss the different types of contraceptive methods available on campus, their use, and their effectiveness. Assessment Type: Descriptive Statistics Target: 1 per semester, the college nurse will provide 2 seminars on the different types of the contraceptive methods available on campus.</p>	<p>08/13/2013 - No seminar given this year. However, a movie (in Chuukese) on the different types of contraceptive had been shown in our center. Target Met: No Reporting Period: 2012 - 2013</p>	<p>09/16/2013 - The college nurse, or the Family Planning nurse(s) from State Public Health can be invited to give the presentation on the different types of contraceptives.</p>
<p>AUO Assessment Cycle: 2012 - 2013 Start Date: 07/01/2012 Inactive Date: 06/30/2013 AUO Status: Active</p>			<p>08/13/2013 - An English version of this movie can be provided (on its way) so all can understand the different types of contraceptive methods. -if the campus nurse is not available, the Pohnpei Public Health Family Planning nurse will be invited to conduct the presentations.</p>
	<p>Assessment Strategy: Train peer educators to do peer to peer work on Family Planning. Assessment Type: Descriptive Statistics Target: Once per semester, peer educators will be trained to do peer to peer work on Family Planning.</p>	<p>08/13/2013 - In September of 2012, 13 peer educators were trained on doing the peer to peer approach on Family Planning. In March of 2013, five more peer educators were trained. Target Met: Yes Reporting Period: 2012 - 2013</p>	<p>08/13/2013 - The result shows that only 18 people were trained to do educational awareness programs on Family Planning and contraceptive methods. This shows that there is a need for training more Peer educators about these topics. This is not a settlement ground, students come and go each semester and many of them take the knowledge they've gained with them as they leave the college. There will be a frequent training given to random students about</p>

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			<p>these topics.</p> <ul style="list-style-type: none"> - The second step that needs to be done is to coordinate with the student clubs and their advisers at the college and offer an opportunity of a seminar or training about family planning and contraceptive methods for each club. This will increase the number of students who are exposed to this educational awareness activities. - Random activities and special treats to entice and influence a high participation in these programs needs to be pursued through other programs and fundings as well.
	<p>Assessment Strategy: Do outreach presentations in the residence halls and in the high schools.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 2 outreach in the residence halls, and 2 in the high schools during the school year. (One per semester).</p>	<p>08/13/2013 - Several outreach programs on issues of Family Planning were conducted in the School Year 2012-2013 by PCC staff at Private schools in Pohnpei and also on COM-FSM/National Campus.</p> <p>Two outreach programs were conducted to the Our Lady of Mercy High school students in School Year 2012-2013.</p> <p>First outreach was conducted on September on the topic of "Teen Pregnancy" to 22 seniors. A pre-test was administered and the result showed that the average initial knowledge of the students in percentage was 60%. After the session, a post-test was given and average result of the knowledge gained was 95%. Results proved that the knowledge of the 22 students was improved by 35%.</p> <p>In January 2013, another outreach program was conducted to 24 participants on "Sexually Transmitted Infections". Again, a pre-test was</p>	<p>08/13/2013 - The result showed that PCC did not reach the target. As an improvement plan, the PCC staff will collaborate and coordinate with residential halls workers. Attractive flyers should be posted all over campus to spread the announcement of the event. Random and special activities with enticing goods like refreshments and incentives are utilized to increase the number of participants of the program.</p>

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		<p>administered and the average initial knowledge of the 24 students showed 37%. Immediately after the session, a post-test was administered and results affirmed total knowledge gained in the program was 90%. The SLO was improved by 17%.</p> <p>On December 2012, a presentation was conducted to the residential halls students in the Females Residential Hall (FRH) on Family Planning specifically on "Cycle Beads". On the pre-test that was employed, average initial knowledge of the 15 participants was 69%. On the post-test, the average score summed up to 87%. The SLO was 18% improvement.</p> <p>In all the outreach programs utilized this school year, there was significant increase in the knowledge of the participants of the programs-as identified in our pre and post tests results mentioned earlier. Though we did not make another outreach in the residence hall, but we met at least 3/4 of our target.</p> <p>Though we did not make another outreach in the residence hall, but we met at least 3/4 of our target.</p> <p>Target Met: No</p> <p>Reporting Period: 2012 - 2013</p>	
	<p>Assessment Strategy: Provide and avail IEC materials during outreach and around the campus.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: Distribute at least 100 brochures/materials during outreach and when doing peer to peer.</p>	<p>08/13/2013 - About 100 brochures on Family Planning were distributed around the campus, and during all Family Planning outreach and presentations, 100 leaflets and brochures were distributed. And some 25 were used during each peer to peer work.</p> <p>Target Met: Yes</p> <p>Reporting Period:</p>	<p>09/16/2013 - Free brochures can be downloaded from the internet, and the peer educators can produce more that are related to the work of the program.</p>

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		2012 - 2013	08/13/2013 - In addition to our list of brochures, new ones must be added. We also need to provide or create our own brochures that are related to the needs of our youth today.
<p>D - program - Peer Counseling - 2012-2013</p> <p>PCC Outcome 2 - Students will demonstrate increased knowledge about the effects of alcohol, tobacco and other drugs (ATODs) use or abuse.</p> <p>AUO Assessment Cycle: 2012 - 2013</p> <p>Start Date: 07/01/2012</p> <p>Inactive Date: 06/30/2013</p> <p>AUO Status: Active</p>	<p>Assessment Strategy: -Provide workshops on alcohol, tobacco and other drugs (ATODs) use and abuse especially focusing on its bad effects.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 4 workshops on ATODs use and abuse provided per academic term.</p>	<p>08/13/2013 - In December 2012 an outreach was done for the residential hall students in the Women's residence halls. 37 participants were present at the beginning but at the end, only 12 were left. Pre/Post test were utilized to assess the knowledge gained from this activity. However, results were invalid due to the unbalanced number of participants at the beginning of the program compared to those retained at the end of the program.</p> <p>In December 2012 and in January 2013, PCC was invited by a nearby community to conduct a presentation on Alcohol. The program was carried out and was attended by 200 or more participants. Pre/post tests were not administered at this program because of the nature of the presentation to test the knowledge gained. However, the awareness of alcohol was there because the community put their handprints on a white sheet and hung it at the entrance to the venue where the community gather to celebrate the new years at.</p> <p>In February and March 2013, PCC participated in two workshops on Alcohol Prevention and Substance Abuse Prevention Treatment conducted by National and Pohnpei State Substance Abuse and Mental Health Program (SAMH).</p>	<p>09/16/2013 - Collaborate with the residence halls staff to make announcements to the students about the presentation. Also share with them plans for the scheduled outreach to them.</p> <p>08/13/2013 - Make it a must for the residence hall students to attend any outreach given to them at their place.</p>
<p>Target Met:</p>			

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	<p>Assessment Strategy: Train peer educators to do education on ATODs abuse prevention.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 1 training session on ATODs to peer educators per semester.</p>	<p>Yes Reporting Period: 2012 - 2013</p> <p>08/13/2013 - In September 2012, thirteen peer educators were trained on the effect of alcohol and tobacco. In February 2013, five more peer educators were trained. Target Met: Yes Reporting Period: 2012 - 2013</p>	<p>09/16/2013 - The result showed that 18 students were trained to do education awareness on the effect of alcohol and tobacco. There is a need to train more students to do educational awareness on alcohol and tobacco because each semester, student turn over occurs as they graduated and leave the college and take with them the knowledge they gained during the trainings. Frequent training on this topic be given to random students. Also coordinate with the student clubs and their advisers about the college and offer them opportunity of a seminar or training on ATOD to each club. This will increase the number of students who are exposed to this information.</p>
	<p>Assessment Strategy: Provide peer to peer education on ATODs abuse prevention.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 1 workshop on doing peer to peer per semester.</p>	<p>08/13/2013 - In September of 2012, 13 peer educators were trained on doing the peer to peer approach. In March of 2013, five more peer educators were trained. Target Met: Yes Reporting Period: 2012 - 2013</p>	<p>09/16/2013 - The result showed that 18 students were trained to do peer to peer on ATOD prevention. There is a need to train more students in doing peer to peer approach because each semester, student turn over occurs as they graduated and leave the college and take with them the knowledge they gained during the trainings. Frequent training on this topic be given to random students. Also coordinate with the student clubs and their advisers about the college and offer them opportunity of a seminar or</p>

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			<p>training on ATOD to each club. This will increase the number of students who are exposed to this information.</p> <hr/> <p>08/13/2013 - More peer educators is needed in order to spread the peer to peer work. Peer to peer is said to be the number one way to reaching the youth (students) because we deal with one student at a time. In order to have more peer educators, we need more funding to hire more. Right now we are using the work-study students as our peer educators. We used to hire our own peer educators from the federal grant budget.</p>
	<p>Assessment Strategy: Provide and avail information education and communication (IEC) materials during outreach and around the campus.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: Provide at least 100 brochures/materials during outreach and when doing peer to peer.</p>	<p>08/13/2013 - 500 brochures were distributed to the freshmen. At each outreach, 100 brochures on ATODs were distributed and at least 25 during peer to peer work.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2012 - 2013</p>	<p>09/15/2013 - As a result of the assessment on outcome one, there is a need to assess students' knowledge by conducting pre/post tests to participants of the workshops or outreach programs on ATOD.</p> <p>Instead of just distributing the brochures, there is a need for short sessions about each brochure passed out- that way PCC staff or PCC work study students may do the assessment- to prove that there is an increase in the knowledge about the ATODs topics.</p> <p>8/13/2013 In addition to the list of brochures, new ones must be</p>

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