



Peer Counseling Center

Workshops and Trainings, 2012-2015

Date	Activity/Objective	Venue	No. of participants	Assessment used	Outcome
6/12-26/15	Educational Awareness <u>Substance Abuse Prevention (SAP)</u> This activity is to campaign against substance abuse at this college. Organized, coordinated and implemented with Counseling, Sports & Recreation, Security and ITech (Publications)	Gym	300	Survey Only 14 surveys returned.	
5/1/15	SAP Outreach <u>Alcohol Brain and You</u> Students will identify parts of the brain that are affected when under the influence, and also affect the behavioral and physical well being of a person.	MITC	35	Pre-post- tests 58%-90%	Students' knowledge was improved by 32%
3/20/15	Speech Contest Kick Butts Day (KBD) <u>Stand Up Speak Out and Seize Control Against Big Tobacco</u> This is a worldwide event in which youth spread the danger of tobacco and advice kids not to fall for its advertisements.	In front of library	250	Survey Only 50 surveys returned.	
2/13/15	Valentine's Day <u>In Love with Another Woman</u> This event emphasized truthfulness and loyalty to one partner.	MITC	22	Survey (Lost at IRPO)	Appreciate and stick to one partner.
12/12/14	SAP Outreach <u>Alcohol Accidental Month</u> Since alcohol consumption is said to be widely use during this month, PCC made an educational awareness on its consequences to the students who did not go home for the break.	Long Island, Pohnpei.	18	None	Students aware that their lives are at risk during this time of year, and are therefore take extra precautions.
11/17/14	F/P outreach <u>Risk & Consequences of Early Pregnancy.</u> Understanding the risks & consequences of early pregnancy and to identify choices and decisions to be made in regard to unwanted pregnancy.	MITC	17	Pre-post-tests were utilized to assess the knowledge gained from this activity. Results were invalid due to the unbalanced number of participants at the beginning and at the end.	Students will make the right decision regarding unwanted pregnancy.
10/9/14	SAP outreach <u>Alcohol, Brain and You</u> The topic presented parts of the brain that are affected by alcohol and reasons why you should not drink.	30	MITC	Pre-post-tests 63%-87%	Students' knowledge was improved by 24%
10/20/14	F/P outreach (STI) Chlamydia It is one of the STI diseases that have a significant probability of transmission between humans through sexual behavior.	29	MITC	Pre-post- tests 43%-100%	Students' knowledge was improved by 57%
9/17/14	Education outreach <u>Alcohol the brain and You</u> The topic presented parts of the brain that are affected by alcohol and reasons why you should not drink.	37	PCC	Pre-post- tests 59%-91%	Students' knowledge was improved by 32%
3/14/14	F/P outreach HIV-AIDS	15	MITC	Pre-post-tests 29%-100%	Students' knowledge was improved by 71%
2/14/14	Valentine's skit <u>How Alcohol Plays its Role in the Deterioration of a Family</u>	52	MITC	Survey Not valid. Only 27 returned the survey.	
7/13 and 1/14	Training Peer Educators were trained on how to effectively facilitate F/P and Alcohol Drug Other Drugs (ATOD) peer-to-peer education.	22	All at PCC	No form of evaluation	PEs have confident in themselves delivering the message.
12/30/13	ATOD	17	WRH	Pre-post-tests 58%-83%	Students' knowledge was improved by 25%
10/17/13	F/P outreach (STI) Chlamydia It is one of the STI diseases that have a significant probability of transmission between humans through sexual behavior.	25	WRH	Pre-post-tests 49%-92%	Students' knowledge was improved by 43%
9/23/13	F/P outreach (STI) Chlamydia It is one of the STI diseases that have a significant probability of transmission between humans through sexual behavior.	10	MITC	Pre-post-tests 50%-88%	Students' knowledge was improved by 38%
8/16/13	F/P outreach <u>Cycle Beads</u> Usually called the Calendar method of birth control. They are colored beads that represent each day of menstrual cycle. They help you know if you are on a day when pregnancy is likely or on a day when pregnancy is very unlikely.	24	MITC	Pre-post-tests Pre-post-tests were invalid due to the number of students at the beginning was high compared to the number at the end. 24-17	The woman should know when it is safer to have sex using the calendar and must know her ovulation days.
8/19/13	F/P outreach <u>Cycle Beads</u> Usually called the Calendar method of birth control. They are colored beads that represent each day of menstrual cycle. They help you know if you are on a day when pregnancy is likely or on a day when pregnancy is very unlikely.	6	PCC	Pre-post-tests 63%-100%	Students' knowledge was improved by Students' knowledge was improved by 37%
9/12	Education outreach Teen Pregnancy Understanding the risks & consequences of early pregnancy and to identify choices and decisions to be made in regard to unwanted pregnancy.	22 seniors	Our Lady of Mercy (OLM) High School	Pre-post-tests 60%-95%	Students' knowledge was improved by 35%.
1/13	F/P outreach Sexually Transmitted Infections (STI) This topic will equip students understand safe and protection against sexual practices including HIV-AIDS.	24 seniors of Our Lady of Mercy (OLM)	OLM High School	Pre-post-test 37%-90%	Student's knowledge was improved by 53%
12/12	Family Planning (F/P) outreach Cycle Beads Usually called the Calendar method of birth control. They are colored beads that represent each day of menstrual cycle. They help you know if you are on a day when pregnancy is likely or on a day when pregnancy is very unlikely.	15	Woman Residence Hall (WRH)	Pre-post-tests 69%-87%	Student's knowledge was improved by 18%
12/12	F/P outreach HIV-AIDS HIV-AIDS is a deadly disease, which cannot be treated, and cannot discriminate. It attacks the immune system Until you die from other diseases.	37	WRH	Pre-post-tests were invalid due to the number of students at the beginning was high compared to the number at the end. 37-12	Always play safe and use protection (condom), stick to one partner and stay safe.