

Unit Assessment Report - Four Column

College of Micronesia - FSM

D - program - Peer Counseling

Mission Statement: We hope to encourage youth to make healthy, safe, and positive choices that will protect them and their communities in the Federated States of Micronesia. They will lead their peers and the broader community by encouraging a healthy, safe, happy future and optimum wellness for all.

Administrative Unit Outcomes	Assessment Strategies & Target / Tasks	Results	Improvement & Follow-Up
<p>D - program - Peer Counseling - 2012-2013 PCC Outcome 2 - Students will demonstrate increased knowledge about the effects of alcohol, tobacco and other drugs (ATODs) use or abuse.</p> <p>AUO Assessment Cycle: 2012 - 2013</p> <p>Start Date: 07/01/2012</p> <p>Inactive Date: 06/30/2013</p> <p>AUO Status: Inactive</p>	<p>Assessment Strategy: -Provide workshops on alcohol, tobacco and other drugs (ATODs) use and abuse especially focusing on its bad effects.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 4 workshops on ATODs use and abuse provided per academic term.</p>	<p>08/13/2013 - In December 2012 an outreach was done for the residential hall students in the Women's residence halls. 37 participants were present at the beginning but at the end, only 12 were left. Pre/Post test were utilized to assess the knowledge gained from this activity. However, results were invalid due to the unbalanced number of participants at the beginning of the program compared to those retained at the end of the program.</p> <p>In December 2012 and in January 2013, PCC was invited by a nearby community to conduct a presentation on Alcohol. The program was carried out and was attended by 200 or more participants. Pre/post tests were not administered at this program because of the nature of the presentation to test the knowledge gained. However, the awareness of alcohol was there because the community put their handprints on a white sheet and hung it at the entrance to the venue where the community gather to celebrate the new years at.</p> <p>In February and March 2013, PCC participated in two workshops on Alcohol Prevention and Substance Abuse Prevention Treatment conducted by National and Pohnpei State Substance Abuse and Mental Health Program (SAMH).</p> <p>Target Met: Yes</p> <p>Reporting Period: 2012 - 2013</p>	<p>09/16/2013 - Collaborate with the residence halls staff to make announcements to the students about the presentation. Also share with them plans for the scheduled outreach to them.</p> <hr/> <p>08/13/2013 - Make it a must for the residence hall students to attend any outreach given to them at their place.</p> <hr/>

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	<p>Assessment Strategy: Train peer educators to do education on ATODs abuse prevention.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 1 training session on ATODs to peer educators per semester.</p>	<p>08/13/2013 - In September 2012, thirteen peer educators were trained on the effect of alcohol and tobacco.</p> <p>In February 2013, five more peer educators were trained.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2012 - 2013</p>	<p>09/16/2013 - The result showed that 18 students were trained to do education awareness on the effect of alcohol and tobacco. There is a need to train more students to do educational awareness on alcohol and tobacco because each semester, student turn over occurs as they graduated and leave the college and take with them the knowledge they gained during the trainings. Frequent training on this topic be given to random students. Also coordinate with the student clubs and their advisers about the college and offer them opportunity of a seminar or training on ATOD to each club. This will increase the number of students who are exposed to this information.</p>
	<p>Assessment Strategy: Provide peer to peer education on ATODs abuse prevention.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: 1 workshop on doing peer to peer per semester.</p>	<p>08/13/2013 - In September of 2012, 13 peer educators were trained on doing the peer to peer approach.</p> <p>In March of 2013, five more peer educators were trained.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2012 - 2013</p>	<p>09/16/2013 - The result showed that 18 students were trained to do peer to peer on ATOD prevention. There is a need to train more students in doing peer to peer approach because each semester, student turn over occurs as they graduated and leave the college and take with them the knowledge they gained during the trainings. Frequent training on this topic be given to random students. Also coordinate with the student clubs and their advisers about the college and offer them opportunity of a seminar or training on ATOD to each club. This</p>

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			<p>will increase the number of students who are exposed to this information.</p> <hr/> <p>08/13/2013 - More peer educators is needed in order to spread the peer to peer work. Peer to peer is said to be the number one way to reaching the youth (students) because we deal with one student at a time. In order to have more peer educators, we need more funding to hire more. Right now we are using the work-study students as our peer educators. We used to hire our own peer educators from the federal grant budget.</p> <hr/>
	<p>Assessment Strategy: Provide and avail information education and communication (IEC) materials during outreach and around the campus.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: Provide at least 100 brochures/materials during outreach and when doing peer to peer.</p>	<p>08/13/2013 - 500 brochures were distributed to the freshmen. At each outreach, 100 brochures on ATODs were distributed and at least 25 during peer to peer work.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2012 - 2013</p>	<p>09/15/2013 - As a result of the assessment on outcome one, there is a need to assess students' knowledge by conducting pre/post tests to participants of the workshops or outreach programs on ATOD.</p> <p>Instead of just distributing the brochures, there is a need for short sessions about each brochure passed out- that way PCC staff or PCC work study students may do the assessment- to prove that there is an increase in the knowledge about the ATODs topics.</p> <p>8/13/2013 In addition to the list of brochures, new ones must be added. We also need to provide or</p>

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			<p>create our own brochures that are related to the needs of our youth today.</p> <hr/> <p>08/13/2013 - In addition to our list of brochures, new ones must be added. We also need to provide or create our own brochures that are related to the needs of our youth today.</p> <hr/>