

Unit Assessment Report - Four Column

College of Micronesia - FSM

D - program - Peer Counseling

Mission Statement: We hope to encourage youth to make healthy, safe, and positive choices that will protect them and their communities in the Federated States of Micronesia. They will lead their peers and the broader community by encouraging a healthy, safe, happy future and optimum wellness for all.

Administrative Unit Outcomes	Assessment Strategies & Target / Tasks	Results	Improvement & Follow-Up
<p>D - program - Peer Counseling - 2013-2014 PCC Outcome 1 - Participants to the PCC facilitated workshops will demonstrate increased knowledge of family planning and the contraceptive methods.</p> <p>AUO Assessment Cycle: 2013 - 2014</p> <p>Start Date: 07/02/2013</p> <p>Inactive Date: 12/31/2014</p> <p>AUO Status: Inactive</p>	<p>Assessment Strategy: Provide Information Education and Communication (IEC) materials to the students during outreach and around the campus.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: At least 100 brochures and/or leaflet materials will be distributed to the students during outreach and around campus.</p> <p>Assessment Strategy: Provide workshops on family planning and the different contraceptive methods.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: Conduct at least two family planning workshops for the students per semester.</p>	<p>08/05/2014 - About 750 brochures were distributed during the family planning outreach on campus and around the campus.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2013 - 2014</p> <p>Related Documents: BirthControlBrochures.jpg image.jpg</p> <hr/> <p>07/17/2014 - Family Planning Outreach</p> <p>- On August 16, 2013, PCC conducted a presentation on Cycle Beads, one of the natural birth control methods at MITC in the library. Twenty four (24) female students were present at the beginning of the presentation however at the end, only 17 were left. Pre-and post-tests were utilized to assess the knowledge gained from this activity. However, results were invalid due to the unbalanced number of participants at the beginning of the presentation compared to those retained at the end.</p> <p>- On August 19, 2013, six (6) female students who heard about the natural birth control method (Cycle Beads) presentation came to the PCC and asked for information on the topic. Before the presentation was given to them, a pre-test and post-tests were given to measure their knowledge gained directly from the presentation. The pre-test showed 63% of their average initial knowledge,</p>	<p>08/05/2014 - The family planning brochures were sufficient for the outreach. Order more or produce more of the updated different type of brochures on family planning.</p> <hr/> <p>08/04/2014 - There were 6 number of presentations with only 102 participants. Plan to have outreach in the resident halls over the week-ends to get more participants while MITC will accommodate outreach for the off campus students during the week days.</p>

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		<p>and the post-test average result of knowledge gained was 100%. These results proved that the knowledge of the 6 students was improved by 37%.</p> <p>- On September 23, 2014 a presentation on Chlamydia, one of the STI diseases was conducted by PCC staff to 10 students at the MITC. Pre-and post-tests were given before and after the presentation in order to assess the effectiveness of the outreach. On the pre-test engaged, the initial knowledge of the 10 participants was 50% however, the post-test was 88%. The knowledge of the 10 participants was improved by 38%.</p> <p>- On October 17, 2013, the same presentation on Chlamydia by PCC staff was conducted in the Women Residence Hall to 25 female in attendants. Again, pre-and post-tests were given to the participants to measure the effectiveness of the presentation in terms of knowledge gained resulting directly from the outreach. The initial knowledge in the pre-test showed 49%, while the post-test was 92%. These results proved that the knowledge of the 25 students was improved by 43%.</p> <p>- On October 20, 2014, another presentation of the same topic, Chlamydia by PCC staff was conducted to 29 off campus students at the MITC. Again, pre-and post-tests were given to the participants to measure their knowledge before the presentation and after. The pre-test showed 43% of their initial knowledge while the post-test showed 100%. The knowledge of the 29 students was improved by 57%.</p> <p>- On March 14, 2014, PCC conducted a presentation on Sexually Transmitted Infection (namely, HIV/AIDS) to 15 female resident hall</p>	

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		<p>students. To measure the effectiveness of the presentation in terms of knowledge gained resulting directly from the outreach, pre-and post-tests were administered to the 15 participants. Scores of the participants in the pre-and post-tests, are as shown: Pre-test was 29%, and at the end, pos- test was given and the result was 100%. The improvement was 71%.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2013 - 2014</p> <p>Related Documents: CycleBeads Presentation.ppt Cycle Beads-pre & post.doc Syllabus.doc CHLAMYDIA.ppt</p>	
	<p>Assessment Strategy: Train peer educators to do peer-to-peer work on family planning.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: Two (2) peer-to-peer workshops will be given to the peer educators who will be doing the peer work on family planning.</p>	<p>07/21/2014 - Peer-to-Peer</p> <p>For school year, 2013-2014, twenty two (22) peer educators were trained to do the peer to peer approach. On July 2013 a training on Peer to Peer education approach was delivered to 14 students, and another training was given on January 2014 to 8 more students. The 22 peer educators were trained on how to effectively facilitate Family Planning peer-to-peer education.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2013 - 2014</p> <p>Related Documents: Peer to Peer Educator list SY 2013.doc</p>	<p>07/24/2014 - Increase the number of peer educators to at least 30 each semester because students leave the college as they are graduated. Also the number of training should be increased to at least 4 times per school year.</p>
<p>D - program - Peer Counseling - 2013-2014 PCC Outcome 2 - Participants will exhibit increased knowledge about the adverse</p>	<p>Assessment Strategy: Train peer educators to do education on alcohol abuse prevention.</p>	<p>07/21/2014 - Peer-to-Peer</p> <p>On July 2013 a training on peer-to-peer education</p>	<p>07/24/2014 - Increase the number of peer educators to at least 30 each semester because students leave</p>

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<p>effects of alcohol and other drugs (ATOD).</p> <p>AUO Assessment Cycle: 2013 - 2014</p> <p>Start Date: 07/02/2013</p> <p>Inactive Date: 07/01/2014</p> <p>AUO Status: Inactive</p>	<p>Assessment Type: Descriptive Statistics</p> <p>Target: Two (2) peer-to-peer workshops will be given to the peer educators who will be doing the peer work on alcohol prevention.</p>	<p>approach was delivered to 14 students, and another training was given on January 2014 to 8 more students. The 22 peer educators were trained on how to effectively facilitate the ATOD peer-to-peer education.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2013 - 2014</p> <p>Related Documents: Peer to Peer Educator list SY 2013.doc</p>	<p>the college as they are graduated. Also the number of training should be increased to at least 4 per year.</p> <hr/>
	<p>Assessment Strategy: Provide outreach activities on substance abuse prevention to male and female resident students.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: One substance abuse training will be provided to the resident hall students each semester.</p>	<p>08/03/2014 - On December 30, 2013, PCC staff launched its first Substance Abuse Prevention outreach on "The Destruction of Alcohol to the Brain" to 17 remaining residence hall students who did not go home for the break. To assess the effectiveness of the outreach, pre-and post-tests were administered to the participants. The pre-test administered before the presentation showed 58% of the students' initial knowledge of the topic. At the end of the presentation, a post-test was also administered to the same participants and the result was 83% . The student learning outcome was 25%.</p> <p>- On February 14, 2014, fifty two resident halls students participated in a skit entitled: "How Alcohol Plays its Role in the Deterioration of a Family." The students were emotionally touched and moved by the presentation which was based on a real life story. All participants were submitted to a survey in order to determine their perceptions about the skit. However, only 27 of the 52 participants completed and returned the survey; as such, the survey was deemed invalid or low degree of validity.</p> <p>Target Met:</p>	<p>08/03/2014 - In order for the message to deliver to most of the resident hall students, the scheduled presentations should be delivered over the week-ends at their residence halls.</p> <hr/>

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		<p>Yes</p> <p>Reporting Period: 2013 - 2014</p> <p>Related Documents: Effects of Alcohol on Brain.ppt survey analysis.doc</p>	
	<p>Assessment Strategy: Provide the students IEC materials during outreach activities and around the campus.</p> <p>Assessment Type: Descriptive Statistics</p> <p>Target: At least 100 brochures, or leaflet materials will be distributed to the students during outreach and around campus.</p>	<p>07/16/2014 - PCC distributed 500 brochures on substance abuse related topics during its outreach activities and around campus. In addition to this, Kosrae PCC developed two new brochures on HIV AIDS and Peer Pressure.</p> <p>Target Met: Yes</p> <p>Reporting Period: 2013 - 2014</p> <p>Related Documents: Alcohol.jpg</p>	<p>07/24/2014 - Although the number of brochures exceeded the targeted planned brochures to be used, in one of the outreach activities the number of brochures used were not sufficient for the participants. In the future, bring at least 50 or more brochures for each of the outreach.</p>